

Combination

Serve w. soup (wonton, egg drop or hot & sour soup, pork egg roll and choice of white rice, veggie fried rice or brown rice)

Pepper Steak w. Onion 9.35	Szechuan Peppercorn
Chicken w. Mixed Veg. 8.95	Chicken 8.95
Chicken Broccoli	General Tso's Chicken 9.35
Soy Ginger Sauce 8.95	Sesame Chicken 9.50
Beef Broccoli	Baby Shrimp w. Broccoli 9.35
Soy Ginger Sauce 9.35	Boneless Spare Ribs 9.35
Chicken w. Cashew Nuts 9.10	Mild Mango Chicken 9.35
Chicken w. Garlic Sauce 8.95	

Vegetable Jasmine or Brown Rice

Sauteed Mixed Vegetables	8.95
➤ Sauteed String Beans w. Garlic Sauce	8.95
➤ Eggplant w. Garlic Sauce	9.95
Moo Shu Vegetable	9.25
➤ Szechuan Tofu w. Mixed Vegetable	9.25
Buddhist Delight	8.95
➤ Broccoli w. Garlic Sauce	8.95
➤ Thai Curry Vegetable	9.95
➤ Eggplants Szechuan Peppercorn Sauce	9.95
➤ Eggplants Asian Spicy Chili Sauce	9.95

Health Food Section

Jasmine or Brown Rice

The following menu is specially provided for customers whom prefer a low calorie & cholesterol diet. All of the dishes are steamed and prepared with no salt, corn starch & oil, while cooked in an all natural seasoning which includes: scallion, ginger and garlic. A subtly flavored sauce accompanies the dish

Steamed Mixed Vegetables	9.25
Steamed Chicken w. Mixed Vegetables	10.55
Steamed Jumbo Shrimp w. Mixed Vegetables	13.25
Steamed Tofu Home Style	9.25
Steamed Shanghai Green w. Chicken	10.75
Steamed Broccoli w. Chicken	10.55
Steamed Broccoli w. Shrimp	13.25

Side Order

Jasmine Rice	1.50/ 2.50
Brown Rice	2.00/ 3.00

Beverage

Soda	(Can) 1.25	(Bottle) 1.75
Spring Water		1.25
Juice		2.00

Food Allergies? If you have a food allergy, please speak to the owner, manager, chef or your server

LUNCH SPECIALTIES

Tue. – Sat: 11:00am - 3:30pm Sun: 11:30am - 3:00pm

*Choice of soup: wonton, egg drop, hot & sour or egg roll or can soda
Choice of rice: steamed rice, brown rice or vegetable fried rice*

Wok Star

Broccoli Soy Ginger Sauce	➤ Eggplant Garlic Sauce
Tofu 6.50	Tofu 6.50
Chicken or Pork 6.95	Chicken or Pork 6.95
Shrimp or Beef 7.50	Shrimp or Beef 7.50
➤ String Bean Garlic Sauce	➤ Kung Pao
Tofu 6.50	Tofu 6.50
Chicken or Pork 6.95	Chicken or Pork 6.95
Shrimp or Beef 7.50	Shrimp or Beef 7.50
Mixed Vegetable Brown Sauce	Cashew Nuts
Tofu 6.50	Tofu 6.50
Chicken or Pork 6.95	Chicken or Pork 6.95
Shrimp or Beef 7.50	Shrimp or Beef 7.50
➤ General Tso's Chicken 7.75	Sesame Chicken 7.75

South East Asia

➤ Sambal Sauce	Wok Glazed Ginger
Tofu 6.75	Tofu 6.75
Chicken or Pork 7.50	Chicken or Pork 7.50
Shrimp or Beef 7.95	Shrimp or Beef 7.95
➤ Mild Mango Sauce	➤ Szechuan Peppercorn
Tofu 6.75	Tofu 6.75
Chicken or Pork 7.50	Chicken or Pork 7.50
Shrimp or Beef 7.95	Shrimp or Beef 7.95
Black Bean Sauce	➤ Thai Curry
Tofu 6.75	Tofu 6.75
Chicken or Pork 7.50	Chicken or Pork 7.50
Shrimp or Beef 7.95	Shrimp or Beef 7.95

Noodle & Fried Rice (Without Rice)

Lo Mein (egg noodle)	Fried Rice
Vegetable 6.50	Vegetable 6.50
Chicken or Pork 6.95	Chicken or Pork 6.95
Shrimp or Beef 7.50	Shrimp or Beef 7.50
Mai Fun (rice vermicelli)	➤ Chow Fun (Flat rice noodle)
Vegetable 6.95	Vegetable 6.95
Chicken or Pork 7.50	Chicken or Pork 7.50
Shrimp or Beef 7.95	Shrimp or Beef 8.50
➤ Pad Thai (Thai rice fettuccine)	
Vegetable 6.95	
Chicken or Pork 7.50	
Shrimp or Beef 7.95	



Soy & Ginger
WOK GRILL

14 E Mt Pleasant Ave.
Livingston, NJ 07039

Party Tray Menu Available Online

Parking in Rear

Tel: 973-533-9888
973-533-9999
Fax: 973-992-4888

Business Hours

Monday:	Closed
Tue - Thurs:	11:00am - 10:00pm
Fri - Sat:	11:00am - 10:30pm
Sun:	11:30am - 10:00pm

First Online Order
10% off



FREE DELIVERY
Min \$15
(out of Town \$1)



Soy & Ginger

WOK GRILL

www.soyginger.com

*We use only
the finest and freshest
ingredients to create
our innovative dishes*

★ **All Natural** ★
★ **No MSG** ★

Soup

Miso Soup	2.50 / 4.95
🍴 Vegetable Hot & Sour Soup	2.50 / 4.95
Wonton Soup	2.25 / 4.50
Corn Egg Drop Soup	2.25 / 4.50
🍴 Tom Yam Goong (Prawn)	5.95 / 9.95
🍴 Thai Curry Soup	3.25 / 5.75
House Special Wonton Soup	3.50 / 6.75
Wonton Egg Drop Soup	2.95 / 4.95
Chicken Rice or Noodle Soup	2.25 / 4.50
Miso Wonton Soup	2.95 / 5.75

Salad

Organic House Green Salad	5.95
<small>Cherry tomato, jicama, mango, rice wine vinaigrette</small>	
Japanese Seaweed Salad	5.95
<small>Jicama, mango</small>	
Salmon Salad	11.75
<small>Chopped salmon, mesclun, mango, jicama, walnut, brown rice w. lime miso vinaigrette</small>	
🍴 Vietnamese Salad	7.95
<small>Nappa, jicama, peanut, cilantro, crispy noodles</small>	
Asian Grilled Chicken Salad	10.50
<small>Mesclun, lime miso vinaigrette</small>	
Lemongrass Grilled Shrimp Salad	10.95

Appetizers

Thai Spring Roll	1.75
Thai Shrimp Roll	1.95
Pork Egg Roll	1.75
Steamed or Pan Fried Pork Dumpling	5.50
Vegetable Dumpling	5.95
Steamed or Pan Fried Chicken Dumpling	6.50
🍴 Sichuan Dumpling	6.95
<small>Pork & shrimp peanut butter crème, shallot sesame, sambal oil</small>	
Dim Sum Sampler	7.50
<small>Vegetable, pork & chicken dumpling</small>	
Honey Baby Ribs	9.95
<small>BBQ ribs w. honey, tamarind sauce</small>	
Boneless Spare Ribs	7.95
Cold Sesame Noodle	4.95
Edamame	4.00
Chicken or Beef Satay (4)	6.95
Chicken Lettuce Wrap	11.00
<small>Mild spicy, mince chicken w. lettuce wraps</small>	
Tempura Shrimp	8.95
<small>Lemon crème sauce</small>	
Scallion Pancake	4.25
Fried Wonton	3.65
Fried Chicken Wings (8)	5.95
Honey Glazed Chicken Wings (8)	7.25
French Fried	2.95
Chicken Nugget (12)	3.75
Caramelized Sesame Wings	7.50
Thai Curry Wings	7.50

Mee & Noodle/ Fried Rice

🍴 Pad Thai <small>(Rice Fettuccine)</small>		🍴 Thai Fried Rice	
Veggie	8.95	Veggie	8.50
Chicken or Pork	9.25	Chicken or Pork	8.95
Shrimp or Beef	10.25	Shrimp or Beef	9.95
House	10.95		
Chow Fun <small>(Flat Rice Noodle)</small>		🍴 Singapore Mai Fun	
Veggie	8.50	Veggie	8.50
Chicken or Pork	8.95	Chicken or Pork	8.95
Shrimp or Beef	9.75	Shrimp or Beef	9.75
House	10.50	House	10.50
Udon Noodle <small>(Japanese Fettuccine)</small>		Lo Mein <small>(Egg Noodle)</small>	Qt
Veggie	8.95	Veggie	8.25
Chicken or Pork	9.25	Chicken or Pork	8.50
Shrimp or Beef	10.25	Shrimp or Beef	8.95
House	10.95	House	9.95
Mai Fun <small>(Rice Vermicelli)</small>		Fried Rice	
Veggie	8.50	<small>(Jasmine)</small>	Pt Qt
Chicken or Pork	8.95	Veggie	4.50 7.75
Shrimp or Beef	9.75	Chicken or Pork	5.25 8.25
House	10.50	Shrimp or Beef	5.50 8.95
🍴 Thai Mai Fun		Young Chow	5.75 9.50
Veggie	8.95		
Chicken or Pork	9.25		
Shrimp or Beef	10.25		
House	10.95		

Big Bowl Noodle Soup (Add wonton \$1)

1 Choice of :	Egg Noodle, Mai Fun, Chow Fun, Japanese Udon, Angel Hair Pasta
2 Choice of :	Chicken Clear Broth
	Japanese Miso Broth
🍴 Laksa Curry Broth	
🍴 Thai Tom Yam Broth	
3 Choice of :	Grilled Chicken 8.95
	Grilled Shrimp 12.50
🍴 Braised Szechuan Beef	10.50
	Tofu and Vegetable 8.50
	Baby Back Rib 10.95
	Roast Duck 12.50

*Please ask for Gluten free dishes \$1.00 extra charge

Wok N' Grill

Serve w. Jasmine Rice or Brown Rice

Wok Glazed Ginger Duck	18.95
<small>Mushroom, young ginger, balsamic vinaigrette</small>	
🍴 General Tso' Chicken	12.25
<small>Breaded white meat</small>	
Sliced Flank Steak Thai Basil	13.95
<small>Lemongrass, soy ginger, baby bok choy, shiitake</small>	
🍴 Fire Wok	19.95
<small>Jumbo Shrimp, lobster tail, sea scallop, lemongrass, kaffir lime leaf, Thai coconut curry</small>	
🍴 Sambal Delight	14.95
<small>(Indonesian shrimp paste). Marinated prawn, sea scallop and chicken sauteed w. mixed asian vegetables</small>	
🍴 Asian Grilled Chicken	11.95
<small>Tumenis flavor coconut curry & baby bok choy</small>	
Duck Fajitas <small>(w. 4 Pancakes)</small>	18.95
<small>Shiitake mushroom, red onion and chives w. house sauce</small>	
Wok Grilled Garlic Prawn	13.95
<small>Mushroom, roast garlic scallion, pineapple, baby bok choy</small>	
Crispy Walnut Prawn & Chicken	13.95
<small>Honey walnuts, lemon crème, sesame sauce</small>	
Crispy Duck	18.95
Caramelized Sesame Chicken	13.25
<small>(breaded) glazed, white meat</small>	
🍴 Thai Casserole	13.95
<small>Chicken & prawn, Thai coconut curry, lemongrass & Thai basil</small>	
Grilled Lemongrass Prawn	13.95
<small>Baby bok choy, galangal, onions, mushroom, pineapple, Thai basil</small>	
🍴 Szechuan Peppercorn Chicken and Prawn	13.50
<small>Seasoned vegetable, roasted pepper</small>	

Wok Star

Jasmine or Brown Rice

Broccoli Soy Ginger Sauce		Mixed Veg. Brown Sauce	
Tofu	9.50	Tofu	9.50
Chicken or Pork	10.55	Chicken or Pork	10.55
Sliced Flank Steak	11.95	Sliced Flank Steak	11.95
Prawn or Scallop	13.25	Prawn or Scallop	13.25
🍴 String Bean Garlic Sauce		🍴 Eggplant Garlic Sauce	
Tofu	9.50	Tofu	9.50
Chicken or Pork	10.75	Chicken or Pork	10.75
Sliced Flank Steak	11.95	Sliced Flank Steak	11.95
Prawn or Scallop	13.25	Prawn or Scallop	13.25
🍴 Kung Pao		Cashew Nuts	
Tofu	9.50	Tofu	9.50
Chicken or Pork	11.75	Chicken or Pork	11.75
Shrimp or Beef	11.95	Shrimp or Beef	11.95

Food Allergies? If you have a food allergy, please speak to the owner, manager, chef or your server

🍴 Orange Chicken	<small>Breaded, white meat</small>	12.50
🍴 Sliced Flank Steak Pepper & Onion	<small>Black pepper, soy ginger, baby bok choy</small>	11.95
Sesame Crusted Salmon	<small>Sauteed seasoned vegetable</small>	16.95
Salmon Teriyaki	<small>Grill salmon w. teriyaki sauce & mixed vegetable</small>	16.95
Chicken Teriyaki	<small>Grill chicken w. teriyaki sauce & mixed vegetable</small>	12.50
Four Seasons	<small>Jumbo shrimp, chicken, beef, pork w. Chinese vegetable</small>	13.50
🍴 Scallop & Prawn Hunan Style	<small>Jumbo shrimp & scallops sauteed with mixed vegetable</small>	13.95
Chef Delight	<small>Scallops, jumbo shrimp & chicken sauteed w. vegetable in special sauce</small>	14.95
Dragon & Phoenix	<small>Tender white meat chicken w. special sesame sauce & sauteed jumbo shrimp w. vegetables</small>	13.95
🍴 Mongolian Beef	<small>Sauteed beef w. scallion, red peppers & zucchini</small>	11.95
Seafood Delight	<small>Scallops, jumbo shrimp, lobster tail, sauteed w. vegetables</small>	16.50
Happy Family	<small>Jumbo shrimp, chicken, beef, pork, lobster tail, sauteed w. vegetables</small>	16.50
Moo Shu Pork or Chicken (4 pancake)		10.95
Moo Shu Beef or Shrimp (4 pancake)		12.50

South East Asia

Jasmine or Brown Rice

🍴 Sambal <small>(Indonesian spices)</small>	<small>Grind shrimp and spices in a spicy sauce</small>	🍴 Szechuan Peppercorn Sauce	<small>Spicy Hot Chili Pepper</small>
Tofu	9.95	Tofu	9.95
Chicken or Pork	11.95	Chicken or Pork	11.95
Sliced Flank Steak	13	Sliced Flank Steak	13
Prawn or Scallop	13.95	Prawn or Scallop	13.95
🍴 Spicy Mango Sauce	<small>Delicate balance of tropical fruit in a special brown sauce</small>	🍴 Thai Coconut Curry	
Tofu	9.95	Tofu	9.95
Chicken or Pork	11.95	Chicken or Pork	11.95
Sliced Flank Steak	13	Sliced Flank Steak	13
Prawn or Scallop	13.95	Prawn or Scallop	13.95
Wok Glazed Ginger	<small>Japanese sushi ginger and soy sauce concoction</small>	Black Bean Sauce	<small>Fermented black bean and Asian spices</small>
Tofu	9.95	Tofu	9.95
Chicken or Pork	11.95	Chicken or Pork	11.95
Sliced Flank Steak	13	Sliced Flank Steak	13
Prawn or Scallop	13.95	Prawn or Scallop	13.50
🍴 Asian Spicy Chili Sauce	<small>Mixed Asian Vege</small>		
Tofu	9.95		
Chicken or Pork	11.95		
Sliced Flank Steak	13		
Prawn or Scallop	13.95		