

Combination

Serve w. soup (wonton, egg drop hot & sour soup or pork egg roll and choice of white rice, veggie fried rice or brown rice

➤ Pepper Steak w. Onion	13.50
Chicken w. Mixed Veg.	12.95
Chicken Broccoli Soy Ginger Sauce	12.95
Beef Broccoli Soy Ginger Sauce	13.50
Chicken w. Cashew Nuts	13.50
➤ Chicken w. Garlic Sauce	13.50
➤ Szechuan Peppercorn Chicken	13.50
➤ General Tso's Chicken	13.50
Sesame Chicken	13.50
Baby Shrimp w. Broccoli	13.50
Honey Baby Ribs	13.50
➤ Mild Mango Chicken	13.50

Wok Star Served with Jasmine or Brown Rice

Broccoli Soy Ginger Sauce		Mixed Veg. Brown Sauce	
Tofu	12.95	Tofu	12.95
Chicken or Pork	14.95	Chicken or Pork	14.95
Sliced Flank Steak	16.95	Sliced Flank Steak	16.95
Prawn or Scallop	17.50	Prawn or Scallop	17.50
➤ String Bean Garlic Sauce		➤ Eggplant Garlic Sauce	
Tofu	13.50	Tofu	13.50
Chicken or Pork	15.50	Chicken or Pork	15.50
Sliced Flank Steak	17.50	Sliced Flank Steak	17.50
Prawn or Scallop	17.95	Prawn or Scallop	17.95
➤ Kung Pao		Cashew Nuts	
Tofu	13.95	Tofu	13.95
Chicken or Pork	15.95	Chicken or Pork	15.95
Shrimp or Beef	17.50	Shrimp or Beef	17.50

Vegetable Jasmine or Brown Rice

Sautéed Mixed Vegetables	12.95
➤ Sautéed String Beans w. Garlic Sauce	13.50
➤ Eggplant w. Garlic Sauce	13.50
➤ Szechuan Tofu w. Mixed Vegetable	13.95
Buddhist Delight	12.95
➤ Broccoli w. Garlic Sauce	12.95
➤ Thai Curry Vegetable	13.95
➤ Eggplants Szechuan Peppercorn Sauce	13.95
➤ Eggplants Asian Spicy Chili Sauce	13.95

Health Food Section Jasmine or Brown Rice

The following menu is specially provided for customers whom prefer a low calorie & cholesterol diet. All of the dishes are steamed and prepared with no salt, corn starch & oil, while cooked in an all natural seasoning which includes: scallion, ginger and garlic. A subtly flavored sauce accompanies the dish

Steamed Mixed Vegetables	12.95
Steamed Chicken w. Mixed Vegetables	14.95
Steamed Jumbo Shrimp w. Mixed Vegetables	17.50
Steamed Tofu Home Style	12.50
Steamed Shanghai Green w. Chicken	15.50
Steamed Broccoli w. Chicken	14.95
Steamed Broccoli w. Shrimp	17.50

LUNCH SPECIALTIES

Tue. - Sat: 11:00am - 3:30pm Sun: 11:30am - 3:00pm

Choice of soup: wonton, egg drop, hot & sour or egg roll or can soda

Choice of rice: steamed rice, brown rice or vegetable fried rice

Wok Star

Broccoli Soy Ginger Sauce		➤ Eggplant Garlic Sauce	
Tofu	10.50	Tofu	10.50
Chicken or Pork	10.50	Chicken or Pork	10.50
Shrimp or Beef	10.95	Shrimp or Beef	10.95
➤ String Bean Garlic Sauce		➤ Kung Pao	
Tofu	10.50	Tofu	10.50
Chicken or Pork	10.50	Chicken or Pork	10.50
Shrimp or Beef	10.95	Shrimp or Beef	10.95
Mixed Vegetable Brown Sauce		Cashew Nuts	
Tofu	10.50	Tofu	10.50
Chicken or Pork	10.50	Chicken or Pork	10.50
Shrimp or Beef	10.95	Shrimp or Beef	10.95
➤ General Tso's Chicken	10.95	Sesame Chicken	10.95

South East Asia

➤ Sambal		Wok Glazed Ginger	
Tofu	10.95	Tofu	10.95
Chicken or Pork	10.95	Chicken or Pork	10.95
Shrimp or Beef	11.50	Shrimp or Beef	11.50
➤ Mild Mango Sauce		➤ Szechuan Peppercorn	
Tofu	10.95	Tofu	10.95
Chicken or Pork	10.95	Chicken or Pork	10.95
Shrimp or Beef	11.50	Shrimp or Beef	11.50
Black Bean Sauce		➤ Thai Curry	
Tofu	10.95	Tofu	10.95
Chicken or Pork	10.95	Chicken or Pork	10.95
Shrimp or Beef	11.50	Shrimp or Beef	11.50

Noodle & Fried Rice (Without Rice)

Lo Mein		Fried Rice	
Vegetable	10.50	Vegetable	10.50
Chicken or Pork	10.50	Chicken or Pork	10.50
Shrimp or Beef	10.95	Shrimp or Beef	10.95
➤ Pad Thai (Thai rice fettuccine)		Chow Fun (Flat rice noodle)	
Vegetable	10.95	Vegetable	10.95
Chicken or Pork	10.95	Chicken or Pork	10.95
Shrimp or Beef	11.50	Shrimp or Beef	11.50

Food Allergies? If you have a food allergy, please speak to the owner, manager, chef or your server

*Please ask for Gluten free dishes \$1.50 extra charge



SOY & GINGER

WOK GRILL

14 E Mt. Pleasant Ave.
Livingston, NJ 07039

Parking in Rear

Tel: 973-533-9888
973-533-9999
Fax: 973-992-4888

Business Hours

Monday:	Closed
Tue - Thurs:	11:00am - 9:15pm
Fri:	11:00am - 9:45pm
Sat:	12:00pm - 9:45pm
Sun:	12:00pm - 9:15pm



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NO MSG • ALL NATURAL

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SOY & GINGER

WOK GRILL

We use only
the finest and freshest
ingredients to create
our innovative dishes

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Soup

Miso Soup	4.25 / 6.95	House Special Wonton Soup	5.95 / 9.95
➤ Vegetable Hot & Sour Soup	4.25 / 6.95	Chicken Rice or Noodle Soup	4.25 / 6.95
Wonton Soup	4.25 / 6.95	Miso Wonton Soup	4.95 / 7.50
Corn Egg Drop Soup	4.25 / 6.95		
Wonton Egg Drop Soup	4.75 / 7.50		

Salad

Organic House Green Salad	7.50	➤ Vietnamese Salad	10.95
Cherry tomato, jicama, mango, rice wine vinaigrette		Asian Grilled Chicken Salad	13.95
Salmon Salad	14.50	Mesclum, lime miso vinaigrette	
Chopped salmon, mesclum, mango, jicama, walnut, brown rice w. lime miso vinaigrette		Lemongrass Grilled Shrimp Salad	14.50

Appetizers

Thai Spring Roll	2.50	Cold Sesame Noodle	7.50
Pork Egg Roll	2.50	Edamame	6.95
Steamed or Pan Fried Pork Dumpling	8.95	➤ Chicken Lettuce Wrap	13.95
Vegetable Dumpling	8.95	Mild spicy, minced chicken w. lettuce wraps	
Steamed or Pan Fried Chicken Dumpling	8.95	Tempura Shrimp	12.50
Crystal Shrimp Dumpling	8.95	Lemon crème sauce	
➤ Sichuan Dumpling	9.50	Scallion Pancake	6.95
Pork & shrimp peanut butter crème, shallot sesame, sambal oil		Fried Wonton	6.95
Dim Sum Sampler	13.50	Fried Chicken Wings	10.75
Shrimp, vegetable, pork & chicken dumpling		➤ Honey Glazed Chicken Wings	12.75
Honey Baby Ribs	14.50	Chicken Nuggets	6.95
BBQ ribs w. honey, tamarind sauce		Caramelized Sesame Wings	12.75
		➤ Thai Curry Wings	12.75

Mee & Noodle/ Fried Rice

➤ Pad Thai (Rice Fettuccine)		➤ Thai Mai Fun	
Veggie	13.95	Veggie	13.95
Chicken or Pork	13.95	Chicken or Pork	13.95
Shrimp or Beef	14.50	Shrimp or Beef	14.50
House	14.95	House	14.95
➤ Chow Fun (Flat Rice Noodle)		➤ Thai Fried Rice	
Veggie	12.95	Veggie	12.95
Chicken or Pork	12.95	Chicken or Pork	12.95
Shrimp or Beef	13.50	Shrimp or Beef	13.95
House	13.95		
➤ Thai Chow Fun (Thai Rice Noodle)		➤ Singapore Mai Fun	
Veggie	13.50	Veggie	12.95
Chicken or Pork	13.50	Chicken or Pork	12.95
Shrimp or Beef	14.50	Shrimp or Beef	13.95
House	14.95	House	14.50
➤ Udon Noodle (Japanese Fettuccine)		Lo Mein	
Veggie	13.95	Veggie	11.50
Chicken or Pork	13.95	Chicken or Pork	11.50
Shrimp or Beef	14.50	Shrimp or Beef	12.25
House	14.95	House	12.95
➤ Mai Fun (Rice Vermicelli)		Fried Rice (Jasmine)	
Veggie	11.95	Veggie	10.95
Chicken or Pork	11.95	Chicken or Pork	10.95
Shrimp or Beef	12.95	Shrimp or Beef	11.95
House	13.50	Young Chow	12.50

Side Order

Jasmine Rice	2.95/ 4.75
Brown Rice	3.95/ 5.95

Beverage

Soda	(Can) 1.50	(Bottle) 2.50
Spring Water		1.50
2 Liter		3.95

*Please ask for Gluton free dishes \$1.50 extra charge

Big Bowl Noodle Soup (Add wonton \$3)

1 Choice of :	Egg Noodle, Mai Fun, Chow Fun, Japanese Udon		
2 Choices of :	Chicken Clear Broth Japanese Miso Broth		
➤ Laksa Curry Broth			
3 Choices of :			
Grilled Chicken	14.50	Tofu and Vegetable	13.50
Grilled Shrimp	15.95	Baby Back Rib	15.95
➤ Braised Szechuan Beef	15.95		

South East Asia Jasmine or Brown Rice

➤ Sambal (Indonesian spices)		➤ Szechuan Peppercorn Sauce	
Grind shrimp and spices in a spicy sauce		Spicy Hot Chili Pepper	
Tofu	14.50	Tofu	14.50
Chicken or Pork	15.95	Chicken or Pork	15.95
Sliced Flank Steak	17.50	Sliced Flank Steak	17.50
Prawn or Scallop	18.50	Prawn or Scallop	18.50
➤ Spicy Mango Sauce		➤ Thai Coconut Curry	
Delicate balance of tropical fruit in a special brown sauce		Tofu	14.50
Tofu	14.50	Chicken or Pork	15.95
Chicken or Pork	15.95	Sliced Flank Steak	17.50
Sliced Flank Steak	17.50	Prawn or Scallop	18.50
Prawn or Scallop	18.50	➤ Black Bean Sauce	
		Fermented black bean and Asian spices	
➤ Wok Glazed Ginger		Tofu	14.50
Japanese sushi ginger and soy sauce concoction		Chicken or Pork	15.95
Tofu	14.50	Sliced Flank Steak	17.50
Chicken or Pork	15.95	Prawn or Scallop	18.50
Sliced Flank Steak	17.50		
Prawn or Scallop	18.50		

Food Allergies? If you have a food allergy, please speak to the owner, manager, chef or your server

Wok N' Grill

Served w. Jasmine Rice or Brown Rice

Wok Glazed Ginger Duck	27.00	Crispy Walnut Prawn & Chicken	18.95
Mushroom, young ginger, balsamic vinaigrette		Honey walnuts, lemon crème, sesame sauce	
Crispy Duck	27.00	➤ Thai Casserole	18.95
➤ General Tso' Chicken	16.95	Chicken & prawn, Thai coconut curry, lemongrass & Thai basil	
Breaded white meat		➤ Szechuan Peppercorn Chicken and Prawn	18.95
Caramelized Sesame Chicken	16.95	Seasoned vegetable, roasted pepper	
(breaded) glazed, white meat		➤ Sliced Flank Steak Pepper & Onion	17.50
➤ Orange Chicken	16.95	Black pepper, soy ginger, baby bok choy	
Breaded, white meat		Sesame Crusted Salmon	19.95
Sliced Flank Steak Thai Basil	19.50	Sautéed seasoned vegetable	
Lemongrass, soy ginger, baby bok choy, shiitake		Salmon Teriyaki	19.95
Chicken Thai Basil	18.50	Grill salmon w. teriyaki sauce & mixed vegetable	
Lemongrass, soy ginger, baby bok choy, shiitake		Chicken Teriyaki	18.50
Pork Thai Basil	18.50	Grill chicken w. teriyaki sauce & mixed vegetable	
Lemongrass, soy ginger, baby bok choy, shiitake		Prawn Teriyaki	19.95
➤ Dragon & Phoenix	18.95	Grill Jumbo Shrimp w. teriyaki sauce & mixed vegetable	
Tender white meat chicken w. special sesame sauce & sautéed jumbo shrimp w. vegetables		Four Seasons	18.95
➤ Mongolian Chicken	16.95	Jumbo shrimp, chicken, beef, pork w. Chinese vegetable	
Sautéed chicken w. scallion, red peppers & zucchini		➤ Scallop & Prawn	19.95
➤ Mongolian Beef	17.50	Hunan Style	
Sautéed beef w. scallion, red peppers & zucchini		Jumbo shrimp & scallops sautéed with mixed vegetable	
➤ Fire Wok	27.95	Chef Delight	20.50
Jumbo Shrimp, lobster tail, sea scallop, lemongrass, kaffir lime leaf, Thai coconut curry		Scallops, jumbo shrimp & chicken sautéed w. vegetable in special sauce	
➤ Sambal Delight	20.50	Seafood Delight	25.50
(Indonesian shrimp paste). Marinated prawn, sea scallop and chicken sautéed w. mixed asian vegetables		Scallops, jumbo shrimp, lobster tail, sautéed w. vegetables	
➤ Asian Grilled Chicken	17.50	Happy Family	24.50
Tumenis flavor coconut curry & baby bok choy		Jumbo shrimp, chicken, beef, pork, lobster tail, sautéed w. vegetables	
Wok Grilled Garlic Prawn	18.95		
Mushroom, roast garlic scallion, pineapple, baby bok choy			

Fire Wok



Szechuan Dumpling



Salmon Salad



Pad Thai



Wok Grilled Garlic Prawn



Crispy Duck



➤ Sambal Delight



Steamed Vegetable Dumpling



Vietnamese Salad



Crispy Walnut Prawn & Chicken



Chicken Lettuce Wrap



Mild Mango Shrimp



Sliced Flank Steak Thai Basil